THE REAL GREEK

FAT TOGETHER

TAKEAWAY ALLERGEN MENU

GREEK MEAL BOX

CHICKEN SKEWER G (WHEAT) D SD PORK SKEWER G (WHEAT) D SD

LOUKANIKO BEEF &
PORK SAUSAGE SKEWER
G (WHEAT) D E MU S C SD SO

LAMB SKEWER G (WHEAT) D

LAMB MEATBALLS G (WHEAT) D E MU S SD

SOUVLAKI WRAPS

LOUKANIKO SAUSAGE*

G (WHEAT) D E MU S C SO SD

PORK* G (WHEAT) D SD

CHICKEN WITH MUSTARD*

G (WHEAT) D E MU SD

CHICKEN WITH TZATZIKI*

G (WHEAT) D SD

LAMB MEATBALLS* D G (WHEAT) MU E S

HALLOUMI* D G (WHEAT) V

FALAFEL WITH TAHINI* G (WHEAT) S V VG

VEGAN MEATBALLS WITH VEGAN AIOLI*

G (WHEAT) SO MU SD V VG

COLD MEZE

TARAMASALATA

F (COD) G (WHEAT) SO S SD

HOUMOUS S SD V VG

MELITZANOSALATA SD V VG

SPICY FETA DIP (HTIPITI) D SD V

TZATZIKI D SD V

FLATBREAD G (WHEAT) V VG

FAVA SD V VG

HOT MEZE

HALLOUMI POPCORN* D V

HALLOUMI FRIES* D V

DOLMADES D MU SD C

SPINACH TIROPITAKIA* D G (WHEAT) SD V

GIGANDES WITH SPINACH C SD V VG

GRILLED AUBERGINE SD V VG

TONIA'S PRAWNS

CR (PRAWNS) G (WHEAT) C D SD

FRIED KALAMARI*

E G (WHEAT) M (KALAMARI) SD

BBO CHICKEN WINGS SO SD

HALLOUMI & VEGETABLE SKEWER D SD V

FALAFEL* S SD V VG

SIDES

GREEK SALAD D SD V

CHIPS* V VG

AEGEAN SLAW SD V VG

MEDITERRANEAN RICE D SD V

DESSERTS

BAKLAVA

D G (WHEAT) P (PEANUTS) N (WALNUTS, ALMONDS, PISTACHIOS) V

CARAMEL & PECAN CHEESECAKE

D G (WHEAT) E N (PECANS)

PORTOKALOPITA G (WHEAT) E D V

CHOCOLATE MOUSSE CAKE

D G (WHEAT) E SO V *MAY CONTAIN NUTS

ALLERGENS KEY

D DAIRY F FISH

N NUTS

E EGG

MU MUSTARD M MOLLUSCS

SO SOY INC.

I I LIPIN SOYA

S SESAME SD SULPHUR

DIOXIDE

G GLUTEN P PEANUTS

V VEGETARIAN
C CELERY

CR CRUSTACEANS

VG VEGAN

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately, it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a * are cooked in a fryer and may come into contact with other ingredients and allergens, which are not listed as part of the recipe. If you require more information, please ask a manager. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

(*Halloumi Popcorn, Halloumi Fries, Falafel, Spinach Tiropitakia, Chips, Fried Kalamari, Greek meal box served with chips, all Souvlaki Wraps – due to chips inside).

Note:

Lemon Mayonnaise E SD V

Minted Greek Yoghurt D V

Tahini Dip S V VG

Vegan Aioli MU SO SD V VG

Greek Mustard Sauce G (Wheat) MU E SD V

Smoked Chilli Relish SO SD V VG

FOLLOW US

(c) @TheRealGreekUK

f /TheRealGreek

d @therealgreekuk

5th April 2024