# THE REAL GREEK EAT TOGETHER

### **DRINKS & NIBBLES**

### **EPSA PEACH GREEK ICE TEA 4.00**

GREEK ISLAND ICED TEA 7.50 Peach ice tea with metaxa.

GREEK SANGRIA GLASS 7.50 / CARAFE 15.50 White wine, vermouth, metaxa, peach syrup, soda, fresh mint & lemon.

APEROL SPRITZ 7.50 Aperol topped with prosecco & soda.

PEACH BELLINI (125ML) 7.50 Peach purée topped with prosecco.

### OUR FAMOUS GREEK DIPS

GLASS OF PROSECCO (125ML) 7.50

DRAFT ALPHA OMEGA LAGER / PALE ALE HALF PINT 3.20 | PINT 5.95

**NEW RECIPE HALLOUMI POPCORN** Ø 7.50 Dressed with lemon, oregano & honey. 577kcal V

GREEK OLIVES # 4.00 314kcal V VG GF

### PICK THREE DIPS PLUS YOUR CHOICE OF CRUDITÉS OR WARM GREEK FLATBREAD FOR £18

### WARM GREEK FLATBREAD / 4.25

Our authentic Greek flatbread, grilled & sprinkled with oregano. 533kcal V VG

### CRUDITÉS **7** 4.00

Freshly cut carrot, celery & cucumber, drizzled with white wine vinegar. 58kcal V VG GF

### SPICY FETA DIP (HTIPITI) Ø 6.75 Roasted pepper & cheese dip. finished with a touch of chilli. 639kcal ${\bf V}~{\bf GF}$

### HOUMOUS *(* 6.50

Our daily blend of chickpeas, rich in tahini & spiced with cumin, topped with paprika & roasted red peppers. 508kcal V VG GF

### NEW RECIPE TZATZIKI Ø 6.25

Cool, tangy Greek yoghurt with cucumber, gherkins, garlic & herbs, drizzled with a touch of olive oil. 311kcal V GF

An absolute must-try, our creamy tarama is nothing like the pink stuff from the supermarket. We make it fresh with naturally undyed cod roe. which has a delicate (not too fishy!) flavour. 761kcal

FAVA Ø 6.50 Yellow lentils, cooked & blended with herbs & spices, topped with a salsa of tomatoes, onions, capers & caper powder. Made the Santorini way. 480kcal  ${\bf V}$  VG  ${\bf GF}$ 

### **FILOXENIA DINNER MENU**

### FOUR DISHES FOR £20pp

AVAILABLE SUNDAY - THURSDAY FROM 5PM

- 7 CHOOSE A DIPPER... Warm Greek Flatbread V VG or Crudités V VG GF
- ...AND YOUR FAVOURITE GREEK DIP 2 Spicy Feta Dip (Htipiti) V GF or Houmous V VG GF or Tzatziki V GF or Taramasalata or Fava V VG GF
- **3** THEN ONE OF THESE SMALL PLATES Gigandes with Spinach V VG GF or Dolmades V GF or Chicken Monastiraki GF or Crispy Salt Cod Goujons or Pork Skewer GF or Fried Kalamari or Halloumi & Vegetable Skewer V GF or Chicken Skewer GF or Spinach Pie (Spanakopita) V or Lamb Meatballs or Grilled Aubergine V VG GF or Loukaniko Beef & Pork Sausage or Falafel V VG
- AND A SALAD OR SIDE 4 Chips V VG or Aegean Slaw V VG GE or Mediterranean Rice V VG GF

This menu cannot be discounted.

### MEZE - SMALL PLATES PICK ONE OR TWO PER PERSON + SOME GREEK DIPS & SIDES FOR THE TABLE TO SHARE

### GIGANDES WITH SPINACH Ø 5.95

Love baked beans? Try the Greek version: giant butter beans cooked in a hearty tomato & garlic sauce with fresh spinach. 540kcal V VG GF

### DOLMADES Ø 6.85

A real meze classic: vine leaves stuffed with rice cooked in a light tomato broth with herbs. Served with Greek yoghurt. 426kcal **V GF** 

### **CHICKEN MONASTIRAKI 8.75**

Chicken thigh, marinated with Greek herbs, served with tzatziki, onion & tomatoes. 342kcal GF

### NEW CRISPY SALT COD GOUJONS 8.95 Chunky strips of panko-crumbed salt cod with lemon mayo. 778kcal

### PORK SKEWER & 8.50

Tender chunks of marinated pork, grilled on a skewer with onions & peppers. Served with Aegean Slaw. 267kcal **GF** - 25p of each sale of this dish will be donated to Pancreatic Cancer UK, in loving memory of our friend & colleague Christos Karatzenis

SOUVLAKI WRAPS 9.00 EACH

Our gorgeous warm Greek flatbread filled with chips, fresh tomatoes, red onion, paprika & your choice of...

### NEW PRAWN SAGANAKI 9.00

Plump tiger prawns cooked in a rich & creamy tomato & feta sauce with a splash of Ouzo. Indulgent but good for you and a real taste of Greek island holidays. 290kcal GF

### FRIED KALAMARI 8.90

One of our most popular meze plates: crispy squid rings served with lemon mayonnaise for dipping. 727kcal

#### HALLOUMI & VEGETABLE SKEWER Ø 8.15 Halloumi, skewered with peppers & courgettes. Served with Aegean Slaw. 555kcal V GF

CHICKEN SKEWER 8.95 Chicken, skewered with onions & pepper. Served with

### Aegean Slaw. 260kcal GF

**NEW RECIPE SPINACH PIE (SPANAKOPITA)** Ø 7.25 Three filo pastry parcels with creamy leek, spinach & feta filling. 792kcal V

### LAMB MEATBALLS 9.00

Our handmade lamb meatballs are grilled, then topped with tomato sauce, sautéed onions & Greek yoghurt. 435kcal

**GRILLED OCTOPUS WITH FAVA 9.65** Tender chargrilled octopus, dressed with olive oil, garlic & Greek mountain oregano & served on creamy fava dip. 202kcal GF

**GRILLED AUBERGINE** Ø 6.75 Chargrilled aubergine served with garlic & tomato sauce. 97kcal V VG GF

### **NEW RECIPE GREEK MOUSSAKA 9.50** Our hearty, traditional beef mince bake with aubergine and potatoes is made in limited quantities each day. Once they're gone, they're gone! 420kcal

**FALAFEL** *(***0** 6.95 Served with Aegean slaw, tomatoes & tahini dip. 512kcal V VG

### NEW RECIPE LOUKANIKO BEEF & PORK SAUSAGE 8.50

Traditional Greek Sausage from Thrace, chargrilled & served with Greek mustard mayo 613kcal

# FOR THE TABLE

NEW RECIPE GREEK SALAD REGULAR 5.75 / LARGE 8.50 Premium vine tomatoes, tossed with cucumber, red onion & green peppers in our house dressing, then topped with Greek olives, a big chunk of feta & a pinch of Greek oregano. 269kcal / 312kcal V GF

GRILLED CHICKEN with your choice of tzatziki 620kcal or Greek mustard mayo. 751kcal

LAMB MEATBALLS with minted yoghurt. 559kcal

**GRILLED PORK** with tzatziki. 931kcal

LOUKANIKO SAUSAGE with Greek mustard mayo. 747kcal

HALLOUMI Ø with minted yoghurt. 714kcal V

FALAFEL 🕖 with tahini. 684kcal V VG

Fluffy, light & fried to perfection. 813kcal V VG

TARAMASALATA 6.50

### WEEKDAY LUNCH MENU £12pp

### **AVAILABLE MONDAY – FRIDAY 12-5PM**

### **GREEK PLATE**

CHOOSE ONE MEZE PORK SKEWER 228kcal GF or HALLOUMI & VEGETABLE SKEWER 516kcal V GF or CHICKEN SKEWER 229kcal GF or LAMB MEATBALLS 435kcal or GRILLED AUBERGINE 97kcal V VG GF or FALAFEL 137kcal V VG or LOUKANIKO BEEF & PORK SAUSAGE 565kcal

#### ALL SERVED WITH

-WARM GREEK FLATBREAD 202kcal V VG -MEDITERRANEAN RICE 163kcal V VG GF -TZATZIKI 71kcal V GF or HOUMOUS 131Kcal V VG GF -GREEK SALAD 85kcal V GF or GIGANDES 205Kcal V VG GF

### **SOUVLAKI & SIDE**

#### CHOOSE ONE WRAP

GRILLED PORK with Tzatziki 931kcal or HALLOUMI with minted yoghurt 714kcal V or GRILLED CHICKEN with Greek mustard mayo 715kcal or GRILLED CHICKEN with Tzatziki 620kcal or LAMB MEATBALLS with minted yoghurt 559kcal or FALAFEL with tahini 684kcal V VG or LOUKANIKO SAUSAGE with Greek mustard mayo 747kcal

#### CHOOSE ONE SIDE

GREEK SALAD 269Kcal V GF or CHIPS 813Kcal V VG or MEDITERRANEAN RICE 378Kcal V VG GF or AEGEAN SLAW 240Kcal V VG GF.

THIS MENU CANNOT BE DISCOUNTED. PLEASE SEE WEBSITE FOR FULL T&CS

#### WARM GREEK FLATBREAD / 4.25

Our authentic Greek flatbread, grilled & sprinkled with oregano. 533kcal V VG

### THE REAL GREEK HALLOUMI FRIES Ø 7.40

Dressed with lemon & thyme-infused honey. 689kcal V

### AEGEAN SLAW / 4.70

Thinly shredded cabbage, carrot, red & green peppers. with an olive oil dressing. 240kcal V VG GF

### **NEW RECIPE** MEDITERRANEAN RICE Ø 4.70

Long-grain rice cooked in vegetable stock with a splash of olive oil & Greek oregano. 378kcal  ${\bf V}$  VG  ${\bf GF}$ 



**SCAN THE QR CODE TO VIEW OUR** ALLERGEN MENU



AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL

### **ICE TEA & COCKTAILS**

**EPSA PEACH GREEK ICE TEA 4.00** A cult classic, made with real peach juice & served in the coolest can.

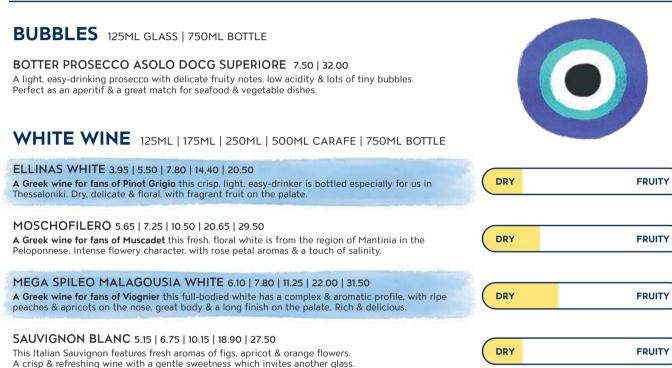
**GREEK ISLAND ICED TEA 7.50** Epsa Peach Greek ice tea with a shot of metaxa & slice of lemon.

GREEK SANGRIA GLASS 7.50 / CARAFE 15.00 White wine, vermouth, metaxa, peach syrup, soda, fresh mint & lemon. **APEROL SPRITZ 7.50** Aperol topped with prosecco & soda. Served with ice & a slice.

PEACH BELLINI 7.50 Peach purée topped with prosecco.

ESPRESSO MARTINI (WITH VODKA OR MASTIHA) 7.50 Vanilla vodka & Kahlua, shaken over ice, with a shot of coffee. Try it with Mastiha instead of vodka for a Greek twist.

### **WINE** BY THE GLASS. CARAFE OR BOTTLE



### ROSÉ WINE 125ML | 175ML | 250ML | 500ML CARAFE | 750ML BOTTLE

XINOMAVRO ROSÉ 5.65 | 7.25 | 10.50 | 20.65 | 29.50 A Greek wine for fans of Provencal Rosé this class act, made from the red Xinomavro grape, may be DRY FRUITY a bit deeper in colour than you'd expect from this comparison, but its delicate herbal aroma & subtle fruit flavour is a dead ringer for the south of France. A really stylish wine. ROSATO 5.15 | 6.75 | 10.25 | 18.90 | 27.50 This easy-drinking Italian rosé is crystal clear with a very fine & pleasurable nose. Red fruit & DRY FRUITY spices are the scents that come first, followed by herbal notes. Light with a touch of sweetness.

**RED WINE** 125ML | 175ML | 250ML | 500ML CARAFE | 750ML BOTTLE

#### ELLINAS RED 3.95 | 5.50 | 7.80 | 14.40 | 20.50 A Greek wine for fans of Merlot this light-to-medium bodied red, bottled especially for us in Thessaloniki, serves up rine berry aromete & construction of the server server. hessaloniki, serves up ripe berry aromas & easy-drinking, fruit-forward flavour

### AGIORGITIKO RED 5.65 | 7.25 | 10.50 | 20.65 | 29.50

A Greek wine for fans of Côtes du Rhône reds Agiorgitiko is the most famous red grape variety in Greece. It has notes of sweet spices on the nose & a fruit-led palate that stands up well to food.

ABATON AGIORITIKO RED 7.40 | 10.30 | 14.75 | 27.25 | 38.50

### **BEER & CIDER**

**DRAFT ALPHA** OMEGA LAGER HALF PINT 3.20 | PINT 5.95

DRAFT ALPHA OMEGA PALE ALE HALF PINT 3.20 | PINT 5.95

MYTHOS BEER 330ML 4.90

LUCKY SAINT LAGER 0.5% 330ML 4.10

CIDER 330ML 4.65

## **SOFT DRINKS**

### **FRUIT JUICE**

**ORANGE 3.65 APPLE** 3.65 **LEMON 3.65** 

### SODAS ALL 330ML

COCA-COLA 3.50 DIET COKE 3.45 **FANTA 3.50** COKE ZERO 3.45 **GINGER BEER** 3.45

SPRITE ZERO 3.45

**EPSA PEACH GREEK ICE TEA 4.00** 

### MINERAL WATER 330ML | 750ML

STILL 2.75 | 4.00 SPARKLING 2.75 | 4.00

### **ALCOHOL-FREE BEER**

LUCKY SAINT LAGER 0.5% 330ML 4.10

## **GREEK SPIRITS**

### TSIPOURO 25ML 4.60 | 200ML BOTTLE 21.00

Tsipouro (Tsee-pour-oh) - the Greek version of grappa, the young brother of Ouzo. This Tsipouro is produced from the Malagousia (Mala-goo-zia) grapes in Northern Greece. You can drink it over-ice or straight. The perfect after-meal digestive.

### OUZO 50ML 4.90

A traditional aperitif with anise as its base ingredient, served with ice or water - as you prefer - to bring out its trademark cloudy appearance.

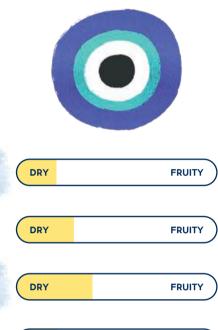
### METAXA 25ML 4.75

A smooth, aromatic, aged Greek spirit, blended with Muscat wine and Mediterranean botanicals

### AXIA MASTIHA 25ML 4.75

An aromatic spirit made with resin from Mastic trees grown in groves on the Greek island of Chios. Served with ice.

### **PREMIUM SPIRITS**



A Greek wine for fans of Pinot Noir this light, elegant red with subtle blackcurrant notes is produced at the St. Panteleimon Monastery on Mount Athos, where monks have been making wine for over 1,000 years

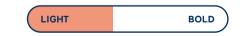
### LIGHT BOLD

BOLD

BOLD

### MERLOT 5.15 | 6.75 | 10.25 | 18.90 | 27.50

An Italian Merlot with aromas of cherry & wild plum flavours.



### JACK DANIEL'S, SIPSMITH GIN, MONKEY SHOULDER WHISKY, PINK GIN 25ML 5.75 Price excludes mixer - please ask a team member about your choices.

### GREEK WINE FLIGHTS explore our fantastic range of Greek wines for a set price (3 x 125ml glasses in each)

OUR THREE BEST WINES (MIXED) 14.50 Mega Spileo Malagusia White, Xinomavro Rosé & Abaton Agioritiko Red.

**OUR THREE BEST WHITES 12.00** Ellinas White, Moschofilero White & Mega Spileo Malagusia White.

LIGHT

LIGHT

### **OUR THREE BEST REDS 12.75** Ellinas Red, Agiorgitiko Red & Abaton Agioritiko Red.

ancreatic Cancer

X We are donating 25p from every sale of our Pork Skewer meze to the wonderful charity. Pancreatic Cancer UK, in loving memory of Christos Karatzenis, who was our Operations Director for many years. Christos lost a short battle with cancer in 2020. He was a true leader - someone who led from the heart, who gave his passion & dedication to the job & the people he loved & cherished. His influence in the business is strong & will never be forgotten. Pancreatic Cancer UK is a registered charity in England & Wales (1112708) & Scotland (SC046392).

# **THE REAL GREEK** EAT TOGETHER

### DESSERTS

ESPRESSO MARTINI

shot of coffee

Greek twist.

BAKLAVA Ø 5.25 Homemade, crisp filo pastry with walnuts, peanuts, almonds, pistachios & honey. 345kcal V

#### GREEK FILO CUSTARD PIE Ø 5.95

A traditional dessert from Sérres. North Greece. called Bougatsa. Filo pastry filled with custard cream, served warm & topped with vanilla ice-cream & cinnamon. 958kcal V

**TOO FULL FOR PUD?** 

Vanilla vodka & Kahlua, shaken over ice, with a

(WITH VODKA OR MASTIHA) 7.50

Try it with Mastiha instead of vodka for a

### GREEK ORANGE CAKE Ø 5.95

Portokalopita, the most popular orange cake in Greece, looks like a sponge but is actually made from tiny pieces of filo pastry, baked with Greek yoghurt & soaked in orange syrup. Ours is served with vanilla ice-cream. 821kcal  ${\bf V}$ 

MIXED BERRY CHEESECAKE 5.95 Vanilla cheesecake topped with a coulis made from blueberries, blackberries, raspberries, strawberries, redcurrants & blackcurrants. 315kcal CHOCOLATE MOUSSE CAKE 5.95 A luxurious, dark chocolate mousse cake. 333kcal

#### **GREEK YOGHURT WITH** WALNUTS IN SYRUP Ø 4.75

A plate of thick Greek yoghurt topped with whole baby walnuts in syrup. Yum! 250kcal V GF

### **ICE-CREAM &** SORBET

4.25 EACH

PISTACHIO Ø 413kcal V STRAWBERRY 7 312kcal V VANILLA Ø 419kcal V CHOCOLATE Ø 433kcal V VEGAN VANILLA / 525kcal V VG LEMON SORBET / 261kcal V VG MANGO SORBET / 283kcal V VG

FREDDO ESPRESSO 100kcal 3.50

POT OF GREEK MOUNTAIN TEA 2.20

Drunk for its health benefits and full

English Breakfast 1kcal, Earl Grey 1kcal,

Peppermint 2kcal, Green Tea 1kcal,

\*Soya milk available on request

FRESH MINT TEA 1kcal 2.00

of antioxidants, 1kcal

Camomile 1kcal.

**ORGANIC TEAS 2.00** 

**FINISH ON A GREEK NOTE** 

#### **TSIPOURO**

25ML 4.60 | BOTTLE 21.00 Tsipouro (Tsee-pour-oh) is the Greek version of grappa. You can drink this grapebased spirit over ice or straight. Either way, it's the perfect after-meal digestive.

#### OUZO 50ML 4.90

Traditionally drunk as an aperitif, but who are we to judge your love of this anise-flavoured classic? Go on, have another - with water or with ice, as you prefer. We won't tell.

#### METAXA 25ML 4.75

A smooth, aromatic, aged Greek spirit, blended with Muscat wine and Mediterranean botanicals.

AXIA MASTIHA 25ML 4.75 An aromatic spirit made with resin from Mastic trees grown in groves on the Greek island of Chios. Served with ice.

### **COFFEE & TEA**

Peach pureé topped with prosecco.

LOUKOUMIA 'GREEK DELIGHTS' 2.35

Delicate Greek sweets flavoured with nuts.

CAFFÈ AMERICANO 7kcal 2.10 SINGLE ESPRESSO 3kcal 1.85

DOUBLE ESPRESSO 5kcal 2.85

CAPPUCCINO 50kcal 2.85

LATTE 100kcal 2.85

PEACH BELLINI 7 50

216kcal

#### GREEK COFFEE 2 90 Served sweet (93kcal), medium (83kcal) or

bitter (73kcal) with a little Loukoumi 'Greek Delight' - sweet on the side

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### ALLERGEN INFO

V items are suitable for vegetarians - VG items are suitable for vegans. - GF items are suitable for coeliacs.

Although dishes identified are gluten free, as we have products in the restaurant that contain gluten, there is a possibility Autographics identified are guiden nee, as we have products in the restaurant that containing guiden, there is a possibility that traces of gluten may still be found in them. The same situation can occur with our vegetarian and vegan dishes, which can come in contact with other products. Menu descriptions may not include all ingredients; more detailed allergen information is available upon request. All our dishes may contain traces of nuts. Available for dine-in only.

⑦@TheRealGreekUK /TheRealGreek

**d** @therealgreekuk X@RealGreekTweet

= VEGAN 🕖 = VEGETARIAN

AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL

Adults need around 2000 kcal a day