THE REAL GREEK EAT TOGETHER TAKE AWAY MENU

GREEK MEAL BOX

CHICKEN SKEWER MEAL BOX £14.50 Two chicken skewers, served with tzatziki. Greek flatbread and Mediterranean rice or chins Rice 1259kcal / Chips 1223kcal

PORK SKEWER MEAL BOX £14.50 Two pork skewers, served with tzatziki, Greek flatbread and Mediterranean rice or chips. Rice 1274kcal / Chips 1238kcal

LOUKANIKO BEEF & PORK SAUSAGE MEAL BOX £14.50 Loukaniko beef & pork sausage, served with tzatziki, Greek flatbread and Mediterranean rice or chips. Rice 1950kcal / Chips 1914kcal

LAMB MEATBALL BOX £14.50 Lamb meatballs skewered and served with tzatziki, Greek flatbread and Mediterranean rice or chips. Rice 1317kcal / Chips 1281kcal

SOUVLAKI WRAPS £7.00 EACH

LOUKANIKO SAUSAGE with Greek mustard mayo. 747kcal

GRILLED PORK with tzatziki, 931kcal

GRILLED CHICKEN Choose between Greek mustard sauce. 751kcal or tzatziki. 620kcal

LAMB MEATBALLS with minted yoghurt. 559kcal

HALLOUMI with minted yoghurt. 714kcal V

FALAFEL with tahini. 684kcal V VG

SOUVLAKI BUNDLES

SPARTAN COMBO X 1 F10.00 Choose one Souvlaki Wrap and a portion of chips.

PLAKA BUNDLE X 1 £11.75 Choose one Souvlaki wrap, a portion of chips & a soft drink.

ACROPOLIS BUNDLE X 2 £23.50 Choose two Souvlaki wraps, two portions of chips & two soft drinks.

PARTHENON BUNDLE X 4 £44 00 Choose four Souvlaki wraps, four portions of chips & four soft drinks.

DRINKS

COCA-COLA 139kcal 330ML £1.75 DIET COKE 1kcal 330ML £1.75 COCA-COLA ZERO SUGAR 1kcal 330ML £1.75 GINGER BEER 66kcal 330ML £1.75

DESSERT BUNDLE £8.00

CHOOSE TWO DESSERTS FROM THE FOLLOWING OPTIONS:

BAKLAVA 345kcal or

MIXED BERRY CHEESECAKE 315kcal or

GREEK ORANGE CAKE 821kcal or

CHOCOLATE MOUSSE CAKE 333kcal

Adults need around 2000 kcal a day

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THE REAL GREEK EAT TOGETHER TAKE AWAY MENU

OUR FAMOUS GREEK DIPS

TARAMASALATA £5.25

An absolute must-try. Our Tarama is nothing like the pink stuff from the supermarket. We make it fresh with natural undyed cod roe, which has a delicate (not to fishy!) flavour. 863kcal

HOUMOUS £5.25

Our daily blend of chickpeas, rich in tahini & spiced with cumin. 616kcal V VG $\rm GF$

WARM GREEK FLATBREAD £1.25

The authentic Greek flatbread, grilled & sprinkled with oregano. 410kcal V VG

HOT MEZE

HALLOUMI POPCORN £7.00 Dressed with lemon, oregano & honey. 239kcal V

THE REAL GREEK HALLOUMI FRIES £7.00

Dressed with lemon & thyme infused honey. 305kcal V

DOLMADES £9.00

A real meze classic vine leaves stuffed with rice cooked in a light tomato broth with herbs. Served with Greek yoghurt 399kcal **V GF**

SPINACH PIE (SPANAKOPITA) £8.00

Five filo pastry parcels with creamy leek, spinach & feta filling. 1013kcal ${\bf V}$

GIGANDES WITH SPINACH £6.00

Love baked beans? Try the Greek versions: giant butter beans cooked in a hearty tomato & garlic sauce with fresh spinach. 329kcal **V VG GF**

SIDES & SALADS

GREEK SALAD £6.50

Premium vine tomatoes tossed with cucumber, red onion & green peppers in our house dressing, then topped with Greek olives, a big chunk of feta & a pinch of Greek oregano. 353kcal **V GF**

AEGEAN SLAW £5.00

Thinly shredded cabbage. carrot, red and green peppers, with an olive oil dressing. 157kcal **V VG GF**

SPICY FETA DIP £5.50 Roasted pepper & cheese dip. finished with a touch of chilli. 396kcal **V GF**

TZATZIKI £5.00 Cool. tangy Greek yoghurt with cucumber, gherkin & garlic. 301kcal V GF

FAVA £5.25 Yellow lentils, cooked and blended with herbs and spices. 585kcal V VG GF

GRILLED AUBERGINE £7.00

Chargrilled aubergine served with garlic & tomato sauce. 138kcal ${\bf V}$ VG GF

PRAWN SAGANAKI £9.00 Plump Tiger prawns cooked in a rich & creamy tomato & feta sauce with a splash of Ouzo. 171kcal GF

FRIED KALAMARI £8.00

One of our most popular meze plates. crispy squid rings served with lemon mayonnaise for dipping. 727kcal

HALLOUMI & VEGETABLE SKEWER £7.00

Halloumi, skewered with peppers and courgettes, served with Aegean slaw. 614kcal **V GF**

FALAFEL £7.00

Served with Aegean Slaw, tomatoes & tahini dip. 512kcal **V VG**

CHIPS £4.00 Fluffy, light and fried to perfection. 368kcal V VG

MEDITERRANEAN RICE £4.00 Long-grain rice cooked in vegetable stock with a splash of olive oil & Greek oregano. 331kcal V VG GF